

February Millburn Middle School Lunch

Lunch \$ 3.50 Milk \$0.60

We are Hiring! We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! **Apply** Online

	Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	3	Z
			Homemade Mac N' Cheese-V Soft Pretzel Rod Steamed Broccoli Grape Tomatoes Fruit of the Day	Mini Corn Dogs Sweet Corn Black Beans Fruit of the Day	Turkey Sausage Pizza Smiley Fries Leafy Green Salad Fruit of the Day	
V	6	7	8	9	10	9
	Chicago Style All Beef Hot Dog Baked Beans Sliced Cucumbers Fruit of the Day	"Say Cheese" Toasted Sandwich-V Tomato Soup Leafy Green Salad Fruit of the Day	Chicken Mashed Potato Bowl w/ Gravy Dinner Roll Celery Sticks Fruit of the Day	Sloppy Joe on a Bun Steamed Broccoli Marinated Green Beans Fruit of the Day	Cheese Beef Quesadillas Seasoned Black Beans Zesty Salsa Fruit of the Day	
	13	14	15	16	17	
CHAIN AND AND AND AND AND AND AND AND AND AN	Pizza Dippers w/ Marinara Sauce Mixed Vegetables Leafy Green Salad Fruit of the Day	Cheesy Pasta Bake w/ Garlic Bread Green Peas Celery Sticks Fruit of the Day	Chicken & Waffle Honey Chipotle Sweet Potatoes Grape Tomatoes Fruit of the Day	Western BBQ Cheeseburger Baked Fries Broccoli Salad Fruit of the Day	Walking Taco Nachos Seasoned Black Beans Zesty Salsa Fruit of the Day	1
	20	21	22	23	24	
	No School	No School	Homemade Mac N' Cheese Garlic Bread Seasoned Green Beans Sliced Cucumbers Fruit of the Day	Chicken Corn Dog Sweet Corn Marinated Green Beans Fruit of the Day	Pepperoni Pizza Garlic Roasted Carrots Leafy Green Salad Fruit of the Day	
	27	28				
	Crispy Chicken w/ Biscuit Steamed Carrots Celery Sticks Fruit of the Day	Chicago Style All Beef Hot Dog Vegetarian Beans Broccoli Florets Fruit of the Day				

Included with Every Meal

Fruit and Vegetable **Choice of Milk**

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

Daily Options

Turkey & Cheese Sandwich Garden Salad w/ Pita

Monday-Juicy Cheeseburger Tuesday-Crispy Chicken Nuggets w/ Goldfish **Wednesday-Cheesy Beef Nachos Thursday-Crispy Chicken** Sandwich **Friday-Cheese Pizza**

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





"Ask the Dietitian",